

MEDICAL INTERNET NEWS

A Panel Backs Pfizer's COVID Booster for 65 and Older, Those at High Risk

Goodman, MA
October 17, 2021

note: Find the latest COVID-19 news and guidance in Medscape's [Coronavirus Resource Center](#).

Food and Drug Administration (FDA) advisory panel voted unanimously today to recommend a booster dose of Pfizer's mRNA COVID-19 vaccine for the elderly, and for those at high risk of severe outcomes from the disease, including healthcare workers.

It followed an earlier 16-2 vote by the FDA's Vaccines and Related Biological Products Advisory Committee rejecting a booster dose for American age 16 and younger. The committee initially wanted the FDA to amend the Biologics License Application (BLA) for its Comirnaty vaccine to allow all Americans over the age of 16 get a booster at least 6 months after their second dose.

An Emergency Use Authorization (EUA) is the typical way boosters are authorized in the US, but it requires a higher bar of evidence and more regulatory scrutiny than the agency has to give since Pfizer filed for the change just days after it was [granted full approval](#) for its COVID vaccine.

The committee's actions were also a rebuff to the Biden administration, which had prematurely announced that boosters would be rolled out to the general public on October 20. The announcement triggered the resignations of two of the agency's top vaccine reviewers, who both participated in Friday's meeting.

Dr. Margaret H. Gruber, PhD, director of the FDA's Office of Vaccines acknowledged that today's meeting would be her last, and she thanked the American public.

"It has been a privilege to serve you. All of my actions and decisions over my 32-year career have been grounded in science, with you in mind, and in the best interests of your health and safety. And I will continue to hold fast to these principles moving forward," she said.

Initially voting against Pfizer's request to change its BLA, the committee then worked on the fly with FDA officials to craft a strategy that would allow the booster to be offered under an Emergency Use Authorization (EUA).

An EUA requires a lower standard of evidence and is more specific. It will restrict third doses to a more defined population than a change to the license would. It also requires Pfizer to continue to monitor the safety of third doses as they begin to be administered.

"We should demonstrate to the public that the members of this committee are independent of the FDA and that we do, in fact, bring our voices to the table when asked to serve on this committee," said Archana Chatterjee, MD, PhD, a pediatric infectious disease specialist who is dean of the Chicago Medical School at Rosalind Franklin University in Illinois.

The FDA doesn't have to follow the committee's recommendation, but it typically does, while retaining the right to make changes.

are not bound at FDA by your vote, we can tweak this,” said Peter Marks, MD, PhD, director of the Center for Biologics Evaluation and Research at the FDA. Marks participated in the meeting and helped to draft the revised proposal.

After the FDA issues the anticipated EUA, a council of independent advisors to the Centers for Disease Control and Prevention (CDC) will meet to make specific recommendations about how the third doses should be given. After the CDC director weighs in, third doses will begin rolling out to the public.

Pfizer submitted data to the FDA on September 1 in support of adding a booster dose to its regimen. The agency has not yet scheduled a public review of the data.

The Biden administration is prepared to administer shots as soon as they get the green light, Surgeon General Vivek Murthy, MD, said at a Friday White House briefing.

“The process is consistent with what we outlined in August where our goals were to stay ahead of the virus,” Murthy said. “Our goal then and now is to protect the health and well-being of the public. As soon as the FDA and CDC complete their evaluations, we will be ready to move forward accordingly.”

Murthy also used this time since our August announcement to communicate and coordinate with pharmacy partners, nursing homes, states and localities,” he said. White House COVID-19 Response Coordinator Jeff Zients said vaccine supply is “in good shape for all Americans to get boosters as recommended.”

Key Cues From Israel

Considering Pfizer’s original request, the committee overwhelmingly felt that they didn’t have enough information to say that the benefits of an additional dose would outweigh their risk.

Adolescents have the highest risk of a rare side effect of myocarditis after vaccination. It is not known how the vaccines are causing this heart swelling. Most teens who have been diagnosed with the condition have recovered, though some have needed hospital care.

Pfizer didn’t include 16 and 17-year-olds in its studies of boosters, which included about 300 people between the ages of 18 and 55. The company acknowledged the gap in its data but pointed to FDA guidance that said evidence from adults could be extrapolated to teens.

“We don’t know that much about risks,” said committee member Eric Rubin, MD, PhD, who is editor-in-chief of the *New England Journal of Medicine*.

Most of the data on the potential benefits and risks of third Pfizer doses come from Israel, which first began rolling out boosters to older adults in July.

At the highly anticipated presentation, Sharon Alroy-Preis, Israel’s director of public health services, joined the meeting to describe the nation's experience with COVID-19.

“We began to see a third surge of COVID cases in December.

“It was after having two waves and two lockdowns,” Alroy-Preis said. By the third surge, she said, Israelis were tired.

“We decided on a lockdown, but the compliance of the public wasn’t as it was in the previous two waves,” she said.

The vaccine arrived. Israel started vaccinating soon after the FDA approved it in the US, and they quickly vaccinated a high percentage of their population, months faster than the rest of the world.

Vaccinations are reported and tracked by the Ministry of Health, so the country is able to keep close tabs on how well the shots are working.

As vaccines rolled out, cases fell dramatically. The pandemic seemed to be behind them. Then Delta arrived in March. By June, Israel's cases were doubling even in spite of about 80% of their most vulnerable adults being fully vaccinated, Alroy-Preis said.

One concern was that about 60% of severe cases were breakthrough cases in fully vaccinated individuals.

What to stop and figure out, was this a Delta issue," she said. "Or was this a waning immunity issue.... We had some clue that it might not be the Delta variant alone."

Those who had originally been first in line for the vaccines, seniors and healthcare workers, were having the highest rates of breakthrough infections since they got their second dose.

Alroy-Preis said that if they had not started booster doses in July, their hospitals would have been overwhelmed. They had projected that they would have 2000 COVID-19 hospitalizations each day.

Boosters have helped to flatten the curve, though they are still seeing a significant number of infections.

What Israel presented at the meeting shows boosters are largely safe and effective at reducing severe outcomes in seniors. Israeli experience also showed that antibodies, which generate very high levels of neutralizing antibodies -- the first and fastest line of the body's immune defense -- may also slow transmission of the virus.

Differences in the US

The benefit of slowing down explosive spread of a highly contagious virus was tantalizing, but many panel members noted that circumstances in Israel are very different than in the US.

Israel went into its current Delta surge already having high levels of vaccination in their population. They also relied on the Pfizer vaccine almost exclusively for their vaccination campaign.

The US used a different mix of vaccines and doesn't have the same high level of vaccination coverage of its population.

In the US, transmission is mainly being driven by unvaccinated people, Rubin noted.

What this really means the primary benefit is going to be in reducing disease," he said, "And we know the people who are going to benefit from that ... and those are the people the FDA has already approved a third dose for," he said, referring to an [August authorization](#) for immunocompromised people.

Israel only began vaccinating younger people a few weeks ago. Most are still within a window where rare risks like myocarditis could appear, Rubin said.

Other members of the committee said they wished they had more information about the safety of third doses in younger adults.

"I don't have that right now, and I don't think I would be comfortable giving it to a 16 year old," Rubin said.

At the same time, the primary benefit for third doses would be in preventing severe disease, and overall, data from the UK and other countries show that two doses of the vaccines remain highly effective at preventing hospitalization and death.

Asked why Israel began to see more severe cases in fully vaccinated people, the CDC's Sara Oliver, MD, said it was probably due to a mix of factors including the fact that Israel defines severe cases a little differently.

In the US, a severe case is generally a person who has to be hospitalized or who has died from their infection. In Israel, a person with a severe case is someone who has an elevated respiratory rate and someone who has a blood oxygen level less than 94%. In the US, that kind of patient wouldn't necessarily be hospitalized.

In the end, one of the two committee members who wanted full approval for Pfizer's third doses said he was satisfied with the outcome.

Dr. Sawyer, MD, a professor of pediatrics and infectious disease at the University of California at San Diego said he voted yes on the first question because he thought full approval was the best way to give physicians the flexibility to prescribe the shots to vulnerable individuals.

"I'm really glad we authorized a vaccine for a third dose, and I plan to go out and get my vaccine this afternoon," Dr. Sawyer said, noting that he was at high risk as a healthcare provider.

Canada Starts Vaccinating Kids as Young as 2

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per 17, 2021

note: Find the latest COVID-19 news and guidance in Medscape's [Coronavirus Resource Center](#).

s begun vaccinating children as young as 2 against COVID-19 because of a sharp increase in pediatric infections and deaths caused by the virus, [The Miami](#) reported.

ld vaccinations started this week, making Cuba one of the first countries in the world to vaccinate children so young.

Wald said 12 children have died of COVID this year, including three 2-month-old babies, after no pediatric COVID deaths in 2020.

ald, citing the Cuban health ministry, said 117,500 minors have been diagnosed with COVID throughout the pandemic, with 7,660 of them being breastfeeding infants. Like many other nations, Cuba saw an increase in pediatric COVID cases in recent months because of the Delta variant. On Monday and Tuesday, the health ministry said there were 727 new cases, including 236 infants and 16 newborns, The Herald reported.

vaccinating its population, including the children, with the Soberana vaccine produced by the Havana-based [Finlay Institute](#), a scientific organization created in 1995 to prevent children dying, getting severe disease," Vicente Verez Bencomo, MD, director of the Finlay Institute, said in a video conference organized by Harvard's David Rockefeller Center for Latin American Studies. "We are vaccinating children so we are moving closer to the point there is community immunity established."

ED, Cuba's regulating agency, [gave an emergency use authorization](#) last week for kids 2 to 18 years old to be given two doses of the Soberana 2 vaccine followed by Soberana Plus booster.

ED based its vaccine authorization on a small clinical trial of 350 children between 3 and 18.

lay Institute said 99.3% of clinical trial participants aged 3-11 and 92.9% of participants aged 12-18 had had an antibody response that was four times the pre-vaccination level.

results show that the SOBERANA02 vaccine is safe for its administration in children and adolescents; and that the global security pattern is similar to adults," the Financiera said.

Results have not been published in peer-reviewed publications.

nited States, the Pfizer vaccine was authorized in May for children 12 and up, while the Moderna and Johnson & Johnson vaccines are for people 18 and up.

Herald. "Cuba starts vaccinating 2-year-olds, as COVID cases spike among children on the island"

ED. "CECMED approves the authorization for the emergency use of the Cuban vaccine Soberana® 02 in the pediatric population"

Institute. "Summary of the results of the SOBERANA-PEDIATRÍA Clinical Trial

Long-Haul COVID in Kids Typically Ends Within 3 Months: Study



Y, Sept. 17, 2021 (HealthDay News)

and [teens](#), symptoms of long COVID rarely last more than 12 weeks, a new international study reports.

Researchers also found that exposure to the highly [contagious](#) Delta variant did not result in more serious disease in children compared to earlier variants, and most cases of [COVID-19](#) were asymptomatic or mild.

Despite those reassurances, the study did include a troubling finding: Young people with pre-existing conditions — such as [obesity](#), chronic [kidney disease](#), [heart disease](#) or immune disorders — are 25 times more likely to get severe [COVID-19](#) than kids without pre-existing conditions. A recent review found that [COVID-19](#) occurred in 5% of those with pre-existing conditions and less than 1% of others, the researchers said.

More data is needed to describe the burden of COVID-19 in children and adolescents following the emergence of the highly transmissible Delta variant and because "vaccines have been prioritized for [vaccines](#)," said Andrew Steer from the Murdoch Children's Research Institute (MCRI), in Melbourne, Australia.

Long COVID symptoms were hard to separate from indirect effects of the disease on kids, such as school closures and being unable to spend time with friends or hobbies, said Dr. Petra Zimmermann of the University of Fribourg, in Switzerland.

This highlights why it's critical that future studies involve more rigorous control groups, including children with other infections and those admitted to hospital for other reasons, she said in an MCRI news release.

co-author Nigel Curtis of the MCRI said that although kids with COVID-19 are usually asymptomatic or have mild disease with low rates of hospitalization, the risk and features of long COVID have not been well understood.

In this study, the researchers reviewed 14 published studies that included more than 19,400 children and teens. The investigators found that the most common symptoms of long-haul COVID over four to 12 weeks were [headache](#), [fatigue](#), [sleep](#) disturbance, [difficulty concentrating](#) and [abdominal pain](#).

Curtis said it was reassuring that there was little evidence that symptoms lasted more than 12 weeks, suggesting long COVID might be less of a problem for young people than in adults.

The low risk posed by acute disease means that one of the key benefits of COVID vaccination of children and adolescents might be to protect them from long COVID," Curtis said. "An accurate determination of the risk of long COVID in this age group is therefore crucial in the debate about the benefits of vaccination."

Curtis added that, as pandemic restrictions ease and other respiratory [viruses](#) circulate, researchers need to learn whether co-infection with such viruses, such as [respiratory syncytial virus](#) or [influenza](#) increases COVID-19 severity in young people.

The findings were published online Sept. 16 in the *Pediatric Infectious Disease Journal*.

For more information

For more on COVID-19, head to the [U.S. Centers for Disease Control and Prevention](#).

SOURCE: Murdoch Children's Research Institute, news release, Sept. 16, 2021

John Reinberg

Menstrual changes after covid-19 vaccination

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as: BMJ 2021;374:n2211

on side effects of covid-19 vaccination listed by the UK's Medicines and Healthcare Products Regulatory Agency (MHRA) include a sore arm, fever, fatigue, and myalgia.¹ Changes to periods and unexpected vaginal bleeding are not listed, but primary care clinicians and those working in reproductive health are increasingly approached by people who have experienced these events shortly after vaccination. More than 30 000 reports of these events had been made to MHRA's yellow card surveillance scheme for adverse drug reactions by 2 September 2021, across all covid-19 vaccines currently offered.¹

People who report a change to their period after vaccination find that it returns to normal the following cycle and, importantly, there is no evidence that covid-19 vaccination adversely affects fertility. In clinical trials, unintended pregnancies occurred at similar rates in vaccinated and unvaccinated groups.² In assisted reproduction clinics, fertility measures and pregnancy rates are similar in vaccinated and unvaccinated patients.³⁴⁵⁶

Current evidence states that evaluation of yellow card reports does not support a link between changes to menstrual periods and covid-19 vaccines since the number of reports is small relative to both the number of people vaccinated and the prevalence of menstrual disorders generally.⁷ However, the way in which yellow card data are collected and analysed makes firm conclusions difficult. Approaches better equipped to compare rates of menstrual variation in vaccinated versus unvaccinated populations are needed, and the US National Institutes of Health has made \$1.67m (£1.2m; €1.4m) available to encourage this important research.⁸

Menstrual changes have been reported after both mRNA and adenovirus vectored covid-19 vaccines,¹ suggesting that, if there is a connection, it is likely to be a non-specific immune response to vaccination rather than a specific vaccine component. Vaccination against human papillomavirus (HPV) has also been associated with menstrual changes.⁹ Indeed, the menstrual cycle can be affected by immune activation in response to various stimuli, including viral infection: in one study of pregnant women, around a quarter of those infected with SARS-CoV-2 experienced menstrual disruption.¹⁰

Biologically plausible mechanisms linking immune stimulation with menstrual changes include immunological influences on the hormones driving the menstrual cycle, or effects mediated by immune cells in the lining of the uterus, which are involved in the cyclical build-up and breakdown of this tissue.¹² Research investigating a possible association between covid-19 vaccines and menstrual changes may also help understand the mechanism.

Although reported changes to the menstrual cycle after vaccination are short lived, robust research into this possible adverse reaction remains critical to the success of the vaccination programme. Vaccine hesitancy among young women is largely driven by false

that covid-19 vaccines could harm their chances of future pregnancy.¹³ Failing to thoroughly investigate reports of menstrual changes after vaccination is likely to fuel these fears. If a link between vaccination and menstrual changes is confirmed, this information will allow people to plan for potentially altered cycles. Clear and trusted information is particularly important for those who rely on being able to predict their menstrual cycles to achieve or avoid pregnancy.

While still awaiting definitive evidence, but in the interim how should clinicians counsel those who have experienced these effects? Initially, they should be encouraged to report any changes to periods or unexpected vaginal bleeding to the MHRA's yellow card scheme. This will provide more complete data to facilitate research into any link and signal to patients that their concerns about vaccine safety are taken seriously, building trust. In terms of management, the Royal College of Obstetricians and Gynaecologists and the MHRA recommend that anyone reporting a change in periods persisting over several cycles, or new vaginal bleeding after the menopause, should be managed according to the usual clinical guidelines for these conditions.

An important lesson is that the effects of medical interventions on menstruation should not be an afterthought in future research. Clinical trials provide a natural setting in which to differentiate between menstrual changes caused by interventions from those that occur anyway, but participants are unlikely to report changes to periods unless specifically asked. Information about menstrual cycles and other vaginal bleeding should be actively solicited in clinical trials, including trials of covid-19 vaccines.

100% French nasal vaccine against SARS-CoV-2 to move into the clinical phase in 2022

Reported by [Emily Henderson, B.Sc.](#) Sep 18 2021

In contrast to intramuscular vaccines, only nasal vaccines are able to block the virus in the nose by inducing local immunity in the nasal mucosa, i.e. the portal of entry and site of replication of the virus. The vaccine candidate, developed by the BioMAP team, would take position as the eighth nasal vaccine currently starting clinical testing in the world, and the only one based on viral proteins in France.

Technology for nasal vaccine has already proven to be an efficient barrier against toxoplasmosis infection in primates

The SARS-CoV-2 protein vaccine candidate builds on the BioMap team's expertise in mucosal vaccine design. In partnership with the biotech company Vaxinano, the team has previously successfully developed an effective candidate vaccine to protect monkeys from toxoplasmosis. This stable, non-toxic and adjuvant-free nasal vaccine is based on an extract from *Toxoplasma gondii* the infectious agent being produced by the team and further encapsulated in starch and lipid-based nanoparticles (Vaxinano technology). The SARS-CoV-2 nasal vaccine candidate is based on similar technology.

Using a similar strategy, the SARS-CoV-2 vaccine protein component was designed and produced by the team, and then encapsulated by Vaxinano. The vaccine, consisting of a spike protein with other viral proteins that are not prone to mutations, would protect vaccinated individuals regardless of the mutated circulating coronavirus variant strains.

The vaccine was first tested *in vivo* in a pre-clinical mouse model. Two nasal applications, three weeks apart, induced a strong humoral immune response - in particular of the mucosal compartment with neutralising Immunoglobulin A (IgAs), which are polyspecific, i.e. more permissive against variation of the Sars-CoV-2 - along with a cellular immune response in the nasal cavities and lungs. The protective efficacy of the vaccine was also assessed in terms of survival and absence of clinical signs after infection on vaccinated mice. In fact, 100% of individuals survived with no clinical signs (respiratory distress, weight loss, etc.) unlike the unvaccinated control group. Second, the candidate vaccine was tested for contagiousness in the established Syrian hamster model, which mimics the human pathophysiology of COVID-19, again providing striking results with no viral replication in the lungs and nose of vaccinated/infected animals while unvaccinated/infected animals showed a high levels of viral RNA in both lungs and nasal cavities. These results, highly predictive of the effectiveness of a vaccine in humans, allow us to predict that contagiousness between individuals is completely abolished.

administered, non-invasive, vaccine as a first dose or a booster

The vaccine will be administered by means of a small adapter placed at the end of a needle-less syringe, allowing an ideal diffusion within the nasal cavity. Currently, a device developed for this vaccine is being evaluated in collaboration with the Recipharm/Resyca group. **Non-invasive** and with minimal logistics requirement, this basic vaccination system would allow for a wider distribution to Europe. Moreover, **the vaccine is highly stable at room temperature and even longer at 4°C and thus would not imply the required restraining logistics mandatory to maintain cold chain integrity**, unavailable in most countries.

It would therefore target unvaccinated populations to protect against severe and moderate forms of COVID-19 and could moreover be a booster for already vaccinated populations to prevent transmission.

Research research and development consortium

For the results, the research team will rely on the skills of companies based in France, which have already been identified, to develop its vaccine for future clinical trials:

based in Lille,

, a CDM,(Contract Development and Manufacturing Organisation) based near Toulouse,

, a CRO, based in Saint Malo,

manufacturer based in Monts, near Tours.

to the clinical phase, supported by the ANRS/ Maladies infectieuses émergentes, **is scheduled for the second half of 2022, with the perspective to bringing the vaccine to market in 2023.**

by the financial support of the ANR and the Centre-Val de Loire Regional Council, as well as by the commitment of all the partners mentioned, this project still involves a number of stages to be completed before being brought to market. It is set to provide a major improvement in the protection of populations, in terms of prevention, contagiousness, effectiveness on current and future variants, and increasing the personal and thus collective protection.

Thousands of vulnerable hospital patients set to benefit from new COVID-19 treatment

by [Emily Henderson, B.Sc.](#) Sep 18 2021

Thousands of vulnerable NHS patients in hospital due to COVID-19 are set to benefit from a ground-breaking new antibody treatment, the government has announced (17 September 2021).

The new treatment, a combination of two monoclonal antibodies, will be targeted initially at those in hospital who have not mounted an antibody response against COVID-19.

The treatment includes people who are immunocompromised, for example those with certain cancers or autoimmune diseases, and therefore have difficulty building up a natural antibody response to the virus, either through being exposed to COVID-19 or from vaccination.

The government has taken action to secure supply of the new therapeutic for NHS patients across the four nations, buying enough to treat eligible patients in hospital from next week. Guidance will shortly be going out to clinicians so they can begin prescribing the treatment as soon as possible.

Health and Social Care Secretary Sajid Javid said:

"We have secured a brand new treatment for our most vulnerable patients in hospitals across the UK and I am thrilled it will be saving lives from as early as next week."

"The UK is leading the world in identifying and rolling out life-saving medicines, particularly for COVID-19, and we will continue our vital work to find the best treatments available to save lives and protect the NHS."

The new treatment is the first [neutralizing antibody](#) medicine specifically designed to treat COVID-19 to be authorized by the Medicines and Healthcare products Regulatory Agency (MHRA) for use in the UK.

eat patients without antibodies to SARS CoV-2 who are either aged 50 and over, or are aged 12 to 49 and are considered to be immunocompromised.

will first be used to determine whether patients are seronegative, meaning those who do not have an adequate existing antibody response, and will therefore receive the treatment. The treatment antibody will then be administered to patients through a drip and work by binding to the virus' spike protein, stopping it from being able to infect the body's cells.

known vaccination programme also continues to provide protection to tens of millions of people across the country, and has so far saved 112,300 lives, prevented 230,800 hospitalizations and stopped the virus spreading alone.

g of the pandemic, the UK has proven itself to be a world-leader in identifying and rolling out effective treatments for COVID-19 - including the world's first treatment dexamethasone, which has since been used in the UK so far and an estimated million worldwide.

rolled out monoclonal immunomodulatory antibody treatments tocilizumab and sarilumab, following clinical trial results from the government-funded REMAP-CAP trial. The treatments were found to reduce the need for ventilation by 24%, when administered to patients within 24 hours of entering intensive care.

the government also brought together a new Antivirals Taskforce to supercharge the search for new treatments for patients who are exposed to COVID-19 to stop the infection spreading and speed up recovery.

research infrastructure and life sciences sector makes it the ideal base for the brightest of global innovators to research and progress cutting-edge treatments for COVID-19 through the clinical trials pipeline.

COVID-19 Lead at Roche Products Ltd, said:

For the last 18 months, our goal has been to do everything we can to minimize the impact of the pandemic on those affected and the brilliant people who work tirelessly to treat and care for them. Ronapreve is the first monoclonal antibody treatment to be granted marketing authorization for COVID-19 to receive marketing authorization from the MHRA, representing a significant milestone in how the NHS is able to fight this disease.

This is a significant step in our journey to overcome COVID-19, and we will continue to collaborate with partners to identify and investigate multiple options that may help different groups of patients. Together with Roche and the collaboration of the vaccine taskforce and NHS England in helping to bring this important antibody cocktail to treat and prevent acute COVID-19 across the UK."

Heart inflammation more common among men following mRNA-based COVID-19 vaccination

[Robertson, B.Sc.](#) Sep 16 2021

Researchers in the UK have assessed data from around the world to better understand the frequency and risk factors for myocarditis and pericarditis following immunization with messenger RNA (mRNA)-based vaccines designed to protect against coronavirus disease 2019 (COVID-19).

Incidence of myocarditis (inflammation of the heart muscle) and pericarditis (inflammation of the sac surrounding the heart) following mRNA-based COVID-19 vaccination first reported in Israel in May 2021 and further cases have since been reported in numerous other countries.

Dr Mantha Lane and Saad Shakir from the Drug Safety Research Unit in Southampton and colleagues have used spontaneous reporting systems from the UK, the United States, and the European Economic Area to estimate the frequency of these events following exposure to the mRNA-based COVID-19 vaccines developed by Pfizer-BioNTech and Moderna.

Reporting rates suggested that both events are very rare and that the typical clinical course is mild, with full recovery reached in most cases.

Furthermore, the reports also suggested that the events were more common amongst males, occurred more frequently following a second vaccine dose and mostly affected young people.

Dr Lane and Saad Shakir say that the results were consistent across the three data sources used.

"This is an important finding, because as vaccination programs around the world progress, rates of myocarditis and pericarditis are likely to increase," they write. "Regulators should be aware of these risks."

continue to monitor the effect that mRNA vaccination might have on the heart in the populations for which they are responsible.”
A preprint version of the research paper is available on the [medRxiv](#)* server while the article undergoes peer review.



by: [Reports of myocarditis and pericarditis following mRNA COVID-19 vaccines: A review of spontaneously reported data from the UK, Europe and the US](#). Image Credit: Lightspring / Shutterstock

Update about the emerging reports of myocarditis and pericarditis

Myocarditis and pericarditis have recently been recognized as very rare adverse events following vaccination with the COVID-19 vaccines developed by Pfizer-BioNTech and Moderna.

The initial signal of these events following mRNA-based vaccination was first identified in Israel in May 2021, where 148 cases of myocarditis were reported within 30 days of immunization, usually following a second dose.

This prompted the Israeli Ministry of Health to issue an investigation into any possible link between these cases of myocarditis and vaccination.

The initial results pointed to a possible link between the second vaccine dose and the onset of myocarditis among young men aged 16 to 30, with a strong association identified among those aged 16 to 19.

Following the initial signal in Israel, further cases of myocarditis and pericarditis following mRNA-based vaccination were reported in numerous other countries.

Product information for both the Pfizer-BioNTech and Moderna vaccines was then updated to include myocarditis and pericarditis as an adverse event of unknown frequency in Europe, and the US.

“Although most cases appear to have mild severity, further follow-up of cases is ongoing to determine the long-term outcomes of myocarditis and pericarditis following mRNA-based vaccination,” say the researchers. “Individual regulatory authorities continue to monitor the events of myocarditis and pericarditis in their own spontaneous reporting systems.”

Analysing spontaneous reports from around the world

Dr Shaker Ali used spontaneous reporting outputs from the UK (Yellow Card scheme), the US (Vaccine Adverse Event Reporting System [VAERS]), and the European EudraVigilance to estimate the frequency of reported cases of myocarditis and pericarditis following immunization with either the Pfizer-BioNTech or Moderna vaccines.

Cut-off dates were August 6th, 2021, for VAERS and EudraVigilance, and August 4th, 2021, for the Yellow Card scheme.

Based on the reporting rates of spontaneous adverse reactions, myocarditis and pericarditis were very rare events across all three data sources.

Findings for the UK

In the UK, 7.93 cases of myocarditis and 6.73 cases of pericarditis occurred per million recipients of at least one dose of the Pfizer-BioNTech vaccine. For the Moderna product, the corresponding figures were 2.07 and 1.79 cases per million.

No data were available regarding the age or sex of those reporting the events, or on which vaccine dose either of the events occurred.

Findings for the US

In the US, 6.47 cases of myocarditis and 3.53 cases of pericarditis were reported per million individuals who had received two doses of the Pfizer-BioNTech vaccine. For the Moderna product, the corresponding figures were 3.65 and 2.69 cases per million.

myocarditis events reported following Pfizer-BioNTech vaccination, 759 (78.4%) occurred in males. Reports of myocarditis were also more frequent in younger age groups by age and gender. Similarly, while pericarditis was more frequently reported among males, this pattern was less pronounced among those older than 40 years.

Similar trends were observed for the Moderna vaccine.

The majority of both myocarditis and pericarditis events occurred following the second dose of either vaccine.

European Economic Area

In the European Economic Area, 4.23 cases of myocarditis and 2.87 cases of pericarditis were reported per million individuals who had received at least one dose of the Pfizer-BioNTech vaccine. For the Moderna product, the corresponding figures were 6.15 cases and 3.84 cases per million.

Overall, 71.56% of the myocarditis events and 53.46% of the pericarditis events were reported to have affected males.

Researchers must continue to monitor the effects on the heart

"This study adds to existing evidence that younger vaccinees more frequently report myocarditis and pericarditis following mRNA COVID-19 vaccines compared with older vaccinees, and that these events are more frequent following the second dose," said the researchers.

Because these rare events with a typically mild disease course occur more frequently among males, they add.

The researchers say that the consistencies in the reporting rates and the trends within the three data sources suggest that the results may be generalizable to other populations.

"It is important that regulatory authorities continue to monitor the effects of mRNA vaccines on the heart, particularly as vaccine programs progress to include younger vaccinees across all regions of the world," they write.

"Myocarditis and pericarditis following mRNA COVID-19 vaccines is an area which requires further research," concludes the team.